



Light Emerging: The Journey of Personal Healing

By Barbara Brennan

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Light Emerging: The Journey of Personal Healing By Barbara Brennan

Barbara Ann Brennan's bestselling first book, *Hands of Light*, established her as one of the world's most gifted healers and teachers. Now, she continues her ground-breaking exploration of the human energy field, or aura -- the source of our experience of health or illness. Drawing on many new developments in her teaching and practice, she shows how we can be empowered as both patients and healers to understand and work with our most fundamental healing power: the light that emerges from the very center of our humanity.

In a unique approach that encourages a cooperative effort among healer, patient, and other health-care providers, *Light Emerging* explains what the healer perceives visually, audibly, and kinesthetically and how each of us can participate in every stage of the healing process.

Presenting a fascinating range of research, from a paradigm of healing based on the science of holography to insights into the "hara level" and the "core star," *Light Emerging* is at the leading edge of healing practice in our time.

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Editorial Review

From Library Journal

Research physicist and founder of her own school, Brennan is a leading New Age healer. She provides here a useful introduction to the scientific background behind her laying-on-of-hands technique. Brennan offers an explanation of her healing perspective and its use in conjunction with medical therapy, the stages and importance of self-care, and healing relationships through auric field interaction and higher spiritual realities. She encourages taking personal responsibility for one's health through a holistic approach and consultation with nontraditional specialists as well as a physician. This self-help book may become a New Age classic. Highly recommended.

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From Booklist

Brennan instructs on how to work with the "human energy field," which involves the seven chakras and the aura, to cure various physical and emotional problems. Readers searching for ways of healing that go beyond the orthodox will be best able to use this book and because Brennan's discussion is long and involved, at once fascinating and confusing, it may well attract the most devoted anyway. Despite a nod from Bernie Siegel, and evidence throughout that Brennan's methods can be effective, discussions of how people "grow cords" that obstruct relationships or why you should soak used jewelry in saltwater to destroy negative energy are sure to have skeptics shaking their heads. Brennan is not only a therapist and healer, but also a former research scientist for NASA, which would seem to lend her credibility. This title follows her popular *Hands of Light* (1988). Jo Peer-Haas

Users Review

From reader reviews:

Vincent Overly:

Do you have favorite book? For those who have, what is your favorite's book? Book is very important thing for us to know everything in the world. Each reserve has different aim or maybe goal; it means that reserve has different type. Some people feel enjoy to spend their time for you to read a book. They are really reading whatever they get because their hobby is usually reading a book. How about the person who don't like looking at a book? Sometime, man or woman feel need book when they found difficult problem as well as exercise. Well, probably you'll have this Light Emerging: The Journey of Personal Healing.

Brenda Blackmer:

Your reading sixth sense will not betray anyone, why because this Light Emerging: The Journey of Personal Healing guide written by well-known writer whose to say well how to make book that may be understand by anyone who else read the book. Written with good manner for you, dripping every ideas and writing skill only for eliminate your own hunger then you still hesitation Light Emerging: The Journey of Personal Healing as good book not merely by the cover but also through the content. This is one reserve that can break don't ascertain book by its protect, so do you still needing one more sixth sense to pick this kind of!? Oh come on your looking at sixth sense already told you so why you have to listening to another sixth sense.

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