



## Love Signals: A Practical Field Guide to the Body Language of Courtship

*By David Givens*

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### **Love Signals: A Practical Field Guide to the Body Language of Courtship** By David Givens

A world renowned anthropologist explores the nonverbal signs, signals, and cues human beings exchange to attract and keep their mates. As a medium of communication, Love's silent language predates speech by millions of years. Today, we still express emotions and feelings largely apart from words. The postures, gestures, and facial cues of attraction are universal, in all societies and cultures.

According to Dr. Givens, courtship moves slowly through five distinct phases: attracting attention, recognition phase, conversation phase, touching phase, making love. Since potential mates "test" each other before uniting as one, courtship is a choreographed give and take of signs granting physical and emotional closeness.

*Love Signals* is part ethnography and part how-to. Dr. Givens documents the little courting rituals witnessed in elevators, on subways, and in the workplace. He examines the essential role the face plays in courtship and how it can be optimally displayed. He decodes the body to find silent messages given off by shoulders, neck, arms, hands, waist, calves, ankles, feet, and toes. Dr. Givens analyzes expressive shapes, colors, and markings encoded in arm wear, shoulder wear, leg wear, and shoes. He deciphers the background messages of spaces, places and interiors to learn how environs help or hinder in the meeting process. Chemical cues emanating from aromas, tastes, steroids, sterols, and hormones strongly shape a partner's feelings, so they are explored as well.

The book suggests ways to gaze, ways to read eyes across a room, and ways to sit, stand, align, walk dress, and lift a drink to participate in the fascinating adventure of finding, winning, and keeping a mate. Knowing the unspoken vocabulary of love signals will give readers an edge. What this means for courtship is that the reader becomes able to read unspoken motives, emotions, and feelings with great clarity and precision. The more readers know about the nonverbal idiom of attraction, the more likely they will find a loving, lasting partner.

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## **Love Signals: A Practical Field Guide to the Body Language of Courtship By David Givens Bibliography**

- Sales Rank: #747363 in Books
- Brand: St Martins Press
- Published on: 2005-02-01
- Released on: 2004-12-23
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: 9.06" h x 1.11" w x 5.20" l,
- Binding: Hardcover

- 256 pages

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#### Review

"A masterful piece of work." ?*American Library Association on Dr. Givens' on-line Nonverbal Dictionary*

"Highly recommended." ?*New Scientist on Dr. Givens' on-line Nonverbal Dictionary*

"It's contents will enlighten you." ?*Discover Magazine's "Pick of the Web" on Dr. Givens' on-line Nonverbal Dictionary*

"Site of the Day." ?*Good Housekeeping on Dr. Givens' on-line Nonverbal Dictionary*

"Tells all you need to know--and much, much, much more." ?*San Francisco Examiner "Website of the Week" on Dr. Givens' on-line Nonverbal Dictionary*

"Very interesting reading." ?*Houston Chronicle on Dr. Givens' on-line Nonverbal Dictionary*

#### From the Inside Flap

Praise for Dr. Givens' on-line *Nonverbal Dictionary*:

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#### About the Author

David Givens began studying body language at the University of Washington in Seattle. He served as Resident Anthropologist and Director of information services and programs at the American Anthropological Association in Washington, D.C. for more than a decade. He is currently Director of the Center for Non-Verbal Studies in Spokane, Washington. He teaches in the Department of Communication Arts at Gonzaga

University. He offers seminars on nonverbal communication to diverse audiences, including lawyers, judges, social workers, salespeople, physicians. He works with law enforcement agencies and the U.S. Intelligence community.

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