



## Bistronomy: French Food Unbound

*By Katrina Meynink*

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### **Bistronomy: French Food Unbound** By Katrina Meynink

The new wave of cuisine represented by the bistronomy movement is led by young chefs who create phenomenally clever food without the pomp and circumstance of high-end restaurants. This is haute cuisine for the people -- served in convivial surrounds, where food and community, rather than the thread count of the tablecloth, are what matters. Through recipes and accompanying narrative, this energy-filled book captures the vital elements of bistronomy: the democratic spirit of generous, affordable hospitality, together with the imaginative reworking of classic fare built on quality ingredients and technique. Bistronomy is premised on sharing, and author Katrina Meynink embraces that concept by offering more than 100 recipes generously contributed by thirty Australian and international chefs.

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## **Editorial Review**

### About the Author

**Katrina Meynink** is a freelance food writer and the author of *Kitchen Coquette*. A blogger and columnist, she has received grants and scholarships from some of the world's most renowned culinary institutions, most recently the Julia Child Grant for Independent Study via the Culinary Trust in the U.S.

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