



# The Joy of Not Working: A Book for the Retired, Unemployed and Overworked- 21st Century Edition

By Ernie J. Zelinski

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## The Joy of Not Working: A Book for the Retired, Unemployed and Overworked- 21st Century Edition By Ernie J. Zelinski

Ernie Zelinski could change your view of the world forever.

He has taught more than 300,000 people what *The Joy of Not Working* is about: learning to live every part of their lives - work and play, employment, and retirement alike - to the fullest.

In this completely revised and expanded edition, you too can join the thousands of converts and learn how to thrive at both work and play.

Illustrated with eye-opening exercises, thought-provoking diagrams, and lively cartoons and quotations, "The Joy of Not Working" will guide you to:

- Be more productive at work by working less.
- Discover and pursue your life's passions.
- Gain the courage to leave your corporate job if it is draining life out of you.
- Pursue interesting leisure activities that make a difference in your physical, mental, and spiritual well-being.
- Vanquish any guilt you may have about not working long and hard hours.
- Be financially independent with less money.

Plus, new to this edition are thirty inspiring letters from readers detailing how the book helped them improve the variety, tone, and quality of their lives.

"The Joy of Not Working" is a provocative, entertaining, down-to-earth, and tremendously inspiring book that will help you get more joy and satisfaction out of everything you do.

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## **Editorial Review**

### **From Booklist**

An odd mix of amateur psychology and self-help is offered by this engineer happily and creatively unemployed for 14 years. His clear-as-a-bell message is that making the most of leisure involves knowing yourself inside and outside of work. And that, for most overworked and undersatisfied Americans, amounts to an overwhelming task. To some extent, Zelinski tames the process with a combination of humor, cartoons, quotes from the famous (and the not so), fan mail excerpts, and a host of exercises to try. Explored in depth are the nature of boredom (complaining is one sure sign), the value of work, inner passions and goals, and the potential maleficence of money. None of these thoughts are new; Abraham Maslow, for one, advocated the stages toward healthy humanity. Nor are the statistics, remarks, or observations unique. But the notion of how to enjoy free time is finally geared to a mass market. *Barbara Jacobs*

### **Review**

"Ernie Zelinski helps others find time to live.

-- Fawn Fitter, Career Writer, Boston Herald

"In The Joy Of Not Working, Zelinski explains how to combat boredom, develop motivation, live for today, rethink the terms of financial independence, and redefine the meaning of fulfillment."

-- Don Oldenburg, Career Writer, Washington Post

"For all the time we spend craving leisure time, discussing it, dreaming about it and planning for it, few among us use it well . . . This is where Ernie J. Zelinski comes in."

-- Carol Smith, Seattle Post-Intelligencer

"The message is that leisure, not work, is critical to happiness. . . . Zelinski points out that no one's dying words have ever included, 'I wish I had worked more.' "-*Financial Post*"Ernie Zelinski helps others find time to live."-*Boston Herald*"[Is the] key to success and keeping life meaningful."-*Contra Costa Times*

### **About the Author**

Ernie Zelinski is a Best-Selling Author, Innovator, Content Creator, Professional Speaker, and Unconventional Career Expert with more than 25 years of experience in creative marketing, solo-entrepreneurship, and making a great living without a real job.

Outside the corporate world since the 1980s, Ernie has helped tens of thousands of people from all walks of life in their career transitions and retirement planning through his books such as the international bestsellers "The Joy of Not Working" (over 300,000 copies sold and published in 17 languages) and "How to Retire Happy, Wild, and Free" (over 325,000 copies sold and published in 9 languages).

Ernie Zelinski's books -- with translations in 22 languages published in 29 countries -- have sold over 950,000 copies and have changed lives around the globe. Thousands of individuals have contacted Ernie by letter and e-mail about how they have experienced renewal and personal growth as a result of reading one

of his best-selling books.

## Users Review

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Does one one of the book lovers? If yes, do you ever feeling doubt when you find yourself in the book store? Try to pick one book that you never know the inside because don't judge book by its deal with may doesn't work the following is difficult job because you are afraid that the inside maybe not while fantastic as in the outside look like. Maybe you answer might be The Joy of Not Working: A Book for the Retired, Unemployed and Overworked- 21st Century Edition why because the wonderful cover that make you consider in regards to the content will not disappoint a person. The inside or content is actually fantastic as the outside or perhaps cover. Your reading 6th sense will directly show you to pick up this book.

#### **Alvaro Holloway:**

Is it a person who having spare time then spend it whole day by simply watching television programs or just telling lies on the bed? Do you need something totally new? This The Joy of Not Working: A Book for the Retired, Unemployed and Overworked- 21st Century Edition can be the reply, oh how comes? A fresh book you know. You are thus out of date, spending your extra time by reading in this fresh era is common not a geek activity. So what these ebooks have than the others?

#### **Curt Hall:**

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#### **Emily Boyd:**

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