



Steroids: History, Science, and Issues (The Story of a Drug)

By Joan E. Standora, Alex Bogomolnik, Małgorzata Slugocki

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Providing a significant source of information for upper high school and community college students concerning steroids and their derivatives, this book provides a holistic overview of this controversial class of drugs.

- Provides readers with an understanding of the function of natural steroids in the human body, their crucial roles in maintaining life, and their effects on mental, physical, and reproductive functions
- Clarifies the differences between natural and synthetic steroids and their use in medicine and illegally in recreational activities
- Provides an overview of current legislation and federal regulation of steroids and steroid-like chemicals
- Projects the continuum of use of steroids as medications and as recreational drugs based on current research, governmental attitudes, and social perceptions of the acceptability of such substances
- Features an introductory case-study chapter about two young people whose lives were significantly impacted by steroids, putting the material into a real-world context

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Editorial Review

About the Author

Joan E. Standora, PhD, LADC, CASAC, CADC, maintains a private practice in Pennsylvania and is an associate professor at Kingsborough Community College, City University of New York, where she directs the Chemical Dependency Counseling Program.

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