



## Profiles in Caregiving: The Unexpected Career

By Carol S. Aneshensel, Leonard I. Pearlin, Joseph T. Mullan, Steven H. Zarit, Carol J. Whitlatch

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Given medical advances and greater understanding of healthful living habits, people are living longer lives. Proportionally speaking, a greater percentage of the population is elderly. Despite medical advances, there is still no cure for dementia, and as elderly individuals succumb to Alzheimer's Disease or related dementia, more and more people are having to care for their elderly parents and /or siblings. *Profiles in Caregiving* is practical source of information for anyone who teaches caregiving, acts as a caregiver, or studies caregiving.

This book discusses recent research on stress factors associated with caregiving, and what factors impact on successful versus non-successful adaptation to the care-giving role. This is an expanding field in gerontology, and is also of interest to personality and social psychologists studying stress and interpersonal relations. Although there are many books on the cause and treatment of dementia, there has been a book that provides a research investigation into the factors associated with effective caregiving to dementia patients.

- Conceptualizes caregiving as a multistage career whose impact on the caregiver continues to be felt after in-home care has ceased
- Based upon a longitudinal survey of a demographically diverse sample of principal caregivers over a three-year period
- Identifies caregivers who are most at-risk for adverse adaptation to the role
- Describes preventative and clinical intervention strategies
- Identifies post-care risk and issues
- Identifies antecedents to successful adaptation
- State of the art analytic techniques
- Graphic presentation of empirical findings
- Renowned multidisciplinary research team

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## **Editorial Review**

### **Review**

"This unique book sensitizes as well as informs; its special merit is its artful interspersion of poignant commentary and quotations from individual caregivers, giving personalized meaning and humanistic vitality that can bring tears as it speaks to the heart of the reader. Suitable figures, tables, and photographs. Academic scholarship at its best. Important reading for teachers, administrations, researchers, and clinicians in geriatrics, and an imperative acquisition for libraries serving the needs of such users." **--CHOICE**

"A study tracing the experience of husbands, wives, daughters, and sons caring for family members with Alzheimers disease . Discusses both common stress factors and the way stress affects the caregivers physical and emotional well-being. The personal stories of four caregivers are woven throughout." **--SCI TECH BOOKNEWS**

"The authors of this monograph are among the foremost researchers and theorists in health psychology and gerontology, and they have produced a volume that is arguably the most comprehensive view to date of the experience of caring for a family member with Alzheimer's disease (AD).... *Profiles in Caregiving* could well become an indispensable reference not only for researchers and policymakers but also for professionals whose aim is to ease the burden borne by AD caregivers." **--Gail M. Williamson in CONTEMPORARY PSYCHOLOGY**

"*Profiles in Caregiving* is a rich path-breaking book, one that seeks to address research, clinical, educational, and family audiences at one turn. Working through the detailed findings will provide many rich possibilities for clinical insights into caregiving issues in general... *Profiles in Caregiving* is most useful as a model for researchers on the integration of theory and empirical survey research in a longitudinal context, but also points up the fragmented nature of much of our sophisticated empirical analyses." **--Baila Miller, Case Western Reserve University, INTERDISCIPLINARY JOURNAL OF APPLIED FAMILY STUDIES.**

### **From the Back Cover**

More and more people are being pressed into service as caregivers for their siblings, parents, or spouses with Alzheimer's Disease or other dementia. With this caregiving role comes added stress and a difficult adjustment period for what begins as a part-time role and can become an unexpected career. **Profile in Caregiving: The Unexpected Career** is a practical source of information for anyone who teaches caregiving, acts as a caregiver, or studies caregiving. It is the first book that provides a research investigation into the factors associated with effective caregiving to dementia patients.

This landmark work traces the experience of husbands, wives, daughters, and sons in the caregiving role, identifying common stress factors and discussing how stress affects the caregiver's physical and emotional well-being.

Examines the five major phases of caregiving:

- \* Acquisition of role as caregiver
- \* In-home care
- \* Institutional care
- \* Bereavement (patient death)
- \* Social reintegration of caregiver

- \* Conceptualizes caregiving as a multistage career whose impact on the caregiver continues to be felt after in-home care has ceased.
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In this 21st century, people become competitive in each and every way. By being competitive currently, people have do something to make these survives, being in the middle of often the crowded place and notice by simply surrounding. One thing that at times many people have underestimated the item for a while is reading. Yep, by reading a guide your ability to survive improve then having chance to endure than other is high. For you who want to start reading a book, we give you this Profiles in Caregiving: The Unexpected Career book as beginning and daily reading book. Why, because this book is greater than just a book.

#### **Marsha Young:**

The publication with title Profiles in Caregiving: The Unexpected Career has a lot of information that you can learn it. You can get a lot of gain after read this book. This book exist new expertise the information that exist in this guide represented the condition of the world at this point. That is important to you to understand how the improvement of the world. That book will bring you inside new era of the internationalization. You can read the e-book in your smart phone, so you can read it anywhere you want.

#### **Stephen Phelps:**

This Profiles in Caregiving: The Unexpected Career is great book for you because the content that is full of information for you who have always deal with world and also have to make decision every minute. That book reveal it details accurately using great manage word or we can declare no rambling sentences within it. So if you are read this hurriedly you can have whole details in it. Doesn't mean it only will give you straight forward sentences but hard core information with lovely delivering sentences. Having Profiles in Caregiving: The Unexpected Career in your hand like finding the world in your arm, data in it is not ridiculous one. We can say that no book that offer you world throughout ten or fifteen moment right but this book already do that. So , this is certainly good reading book. Hey there Mr. and Mrs. hectic do you still doubt in which?

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