



31 Days to a Happy Husband: What a Man Needs Most from His Wife

By Arlene Pellicane

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What does a man need most from his wife? Arlene Pellicane, author of *31 Days to a Younger You*, asked numerous husbands that question. Based on their answers, Pellicane identified five keys that will give wives a new appreciation and understanding of how to love and care for their mates.

- *Domestic tranquility?* A husband needs a peaceful haven.
- *Respect?* A husband needs to be honored in his home.
- *Eros?* A husband needs a fulfilling sex life.
- *Attraction?* A husband needs to be attracted to his wife.
- *Mutual activities?* A husband needs to have fun with his wife.

Along with identifying a husband's needs, Pellicane provides practical instruction to motivate and equip wives to show their husbands the care and affection they long for. Every day a wife is either building her husband up or tearing him down. This book offers wives a 31-day, no holding back, life-changing building program for their marriages.

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Editorial Review

Review

“31 Days to a Happy Husband gives every wife the tools she needs to have a joyful home. You’ll learn how to set biblical priorities that may save your marriage or change the dynamic of your relationship from good to great. Arlene shares her own experiences along with expert advice from many happy husbands to help you have a happy husband yourself!”

?Beverly LaHaye, founder, Concerned Women for America and bestselling author of *The Act of Marriage*

*“We believe in the great advice in *31 Days to a Happy Husband* because we know Arlene and her husband, James?and he is happy! Arlene is always practical and personal, so this book is likely to make your husband very happy you bought it.”*

?Pam and Bill Farrel, authors of over 35 books, including *52 Ways to Wow Your Husband, Red-Hot Monogamy*, and best-selling *Men Are Like Waffles?Women Are Like Spaghetti*

*“Arlene Pellicane knows exactly what a husband needs. *31 Days to a Happy Husband* is a delightful, entertaining, and intensely practical roadmap to your husband’s heart. The day it is released, I’m putting it in my wife’s hands!”*

?Dr. David Clarke, marriage seminar speaker and author of *Kiss Me Like You Mean It* and *I Don’t Love You Anymore*

*“As a woman who has been married for 40 years (obviously a very young bride), I plan to have just as much fun, if not more, in the next 40. *31 Days to a Happy Husband* is going to help make that happen. I thank you, Arlene, and so does my hubby, John!”*

?Kendra Smiley, speaker and author of best-selling *Journey of a Strong-Willed Child* (coauthored with her happy husband)

“When it comes to loving our husbands, most of us need more than a pep talk?we need a coach who understands where we’re coming from and how to get us to that sweet God-spot in our relationship. Well, meet Coach Arlene. She’s been there, done that in her marriage and will give you not just the steps but the motivation to take your marriage from roommates to making room for the most important man in your life.”

?Kathi Lipp, national speaker and author of *The Husband Project*

“Here’s fresh help and hope from popular author and speaker Arlene Pellicane. You’ll find wisdom that works and new ideas that challenge you to stretch and grow. Arlene points the way to a happier, healthier marriage relationship?starting from right where you are today. An excellent, well-organized resource for wives!”

?Dr. David Frisbie, executive director, The Center for Marriage and Family Studies, Del Mar, California

“Wives ask us all the time, ‘How can I encourage my husband to grow and change? How can I help him become the man God calls him to be?’ As Arlene wisely reminds us here, the answer is not more nagging or more begging. Instead, we can use our God-given role as wives to support, nurture, and respect our husbands?watching as God works through our open and available hearts. I am glad to recommend Arlene’s new books to wives of all ages!”

?Lisa Frisbie, author of *Becoming Your Husband’s Best Friend*

“Sound, practical wisdom for any wife who wants to bless her husband and be the wife God has called her to be.”

?Bob Lepine, cohost, *FamilyLife Today*

About the Author

Arlene Pellicane is an author and speaker who formerly served as the associate producer for Turning Point Television with Dr. David Jeremiah. Arlene and her family make their home in southern California.

Users Review

From reader reviews:

Roy Brown:

Information is provisions for people to get better life, information today can get by anyone in everywhere. The information can be a know-how or any news even a concern. What people must be consider while those information which is inside former life are challenging be find than now is taking seriously which one is suitable to believe or which one the particular resource are convinced. If you obtain the unstable resource then you buy it as your main information you will see huge disadvantage for you. All those possibilities will not happen with you if you take 31 Days to a Happy Husband: What a Man Needs Most from His Wife as your daily resource information.

Sam Stenger:

The book 31 Days to a Happy Husband: What a Man Needs Most from His Wife has a lot details on it. So when you check out this book you can get a lot of profit. The book was written by the very famous author. The author makes some research prior to write this book. This kind of book very easy to read you can find the point easily after reading this article book.

Chris Robins:

Does one one of the book lovers? If yes, do you ever feeling doubt when you find yourself in the book store? Try to pick one book that you find out the inside because don't determine book by its cover may doesn't work this is difficult job because you are scared that the inside maybe not while fantastic as in the outside appearance likes. Maybe you answer can be 31 Days to a Happy Husband: What a Man Needs Most from His Wife why because the excellent cover that make you consider with regards to the content will not disappoint anyone. The inside or content is usually fantastic as the outside or even cover. Your reading sixth sense will directly guide you to pick up this book.

Mildred Vang:

What is your hobby? Have you heard that question when you got scholars? We believe that that problem was given by teacher with their students. Many kinds of hobby, Everyone has different hobby. And you know that little person like reading or as studying become their hobby. You should know that reading is very important in addition to book as to be the thing. Book is important thing to include you knowledge, except your own teacher or lecturer. You will find good news or update with regards to something by book. Numerous books that can you take to be your object. One of them is this 31 Days to a Happy Husband: What a Man Needs Most from His Wife.

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