



# The American Psychiatric Publishing Textbook of Substance Abuse Treatment

*By Marc Galanter*

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## The American Psychiatric Publishing Textbook of Substance Abuse Treatment By Marc Galanter

No other text available today offers what The American Psychiatric Publishing Textbook of Substance Abuse Treatment can: completely updated treatment information on a broad range of substance use disorders that is consistent with the new DSM-5 classification and thus reflective of how psychiatry is practiced today. Designed for researchers and mental health professionals ranging from trainee to licensed practitioner, the book is also appropriate for a diverse array of rehabilitation settings, from inpatient to community-based treatment. Full coverage is provided on 12-step programs, as well, including the latest outcomes research. Much of the material is new to this edition: \* A chapter has been added on science in the treatment of substance abuse, in which the authors discuss the history of scientific intervention in substance abuse and explore what happens to the brain when addicting drugs are consumed, review animal models and imaging techniques, and discuss current progress in the science of addiction.\* Chapters have been added on screening and brief intervention, reflecting the development of brief screening tools and research on the efficacy of interventions, and the role of "recovery" in chronic care disease management -- specifically what the treatment models for alcohol dependence and for diabetes can effectively borrow from each other. \* A new chapter focuses on the treatment of alcohol intoxication and withdrawal -- the first steps in treatment of alcohol use disorder.\* Two chapters on marijuana -- one on the neurobiology and one addressing treatment have been added. Given the accelerating trend toward decriminalization and legalization of this substance, clinicians will find this information of increasing importance.\* The section on substance use issues among gay men and lesbians has been expanded to include bisexual and transgender people in recognition of increased diversity among the population. Well-structured, with topics that follow logically and many practical, treatment-oriented features, such as quick reference tables and lists of recommended readings, The American Psychiatric Publishing Textbook of Substance Abuse Treatment is a classic that will enhance the education and practice of clinicians.

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### **Editorial Review**

#### **Review**

The authors provide clearly structured examples of the essential elements of the assessment process. Importantly, this text is fully updated to reflect the changes in the fifth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5). A comprehensive review of placement criteria highlights the important standard that no single method or level of care is appropriate for all individuals. Readers are shown how to develop an appropriate assessment process that applies to multiple treatment settings while also respecting the culture and individuality of each person presenting to treatment. -- John J. O'Neill, EdD, LCSW, LCDC, CAS, Vice President and Clinical Director, The Phoenix House, Austin, TX *Journal of Psychiatric Practice* Vol. 23, No. 1

#### **From the Inside Flap**

The American Psychiatric Publishing Textbook of Substance Abuse Treatment is the most authoritative reference for clinicians and researchers in the field of addiction and an excellent manual for residents in psychiatry, general medicine, and allied fields. This thoroughly revised fifth edition retains the basic structure of the last while incorporating new material on a wide variety of topics and integrating the new DSM-5 classification throughout. An impressive roster of contributors present the most current scientific and clinical information on a wide range of substance use disorders, from legal substances such as tobacco and alcohol, to prescription drugs such as OxyContin, to the epidemic of illicit drugs such as methamphetamine and "club drugs," to substances, such as marijuana, that may become a more critical problem as access is liberalized.

Indispensable for those who treat substance use disorders in doctor's offices, examining rooms, emergency departments, hospitals, and recovery facilities, The American Psychiatric Publishing Textbook of Substance Abuse Treatment is comprehensive, compatible with DSM-5, and utterly current.

#### **About the Author**

Marc Galanter, M.D., is Professor of Psychiatry and Director of the Division of Alcoholism and Drug Abuse at NYU School of Medicine in New York, New York. Herbert D. Kleber, M.D., is Professor of Psychiatry and Director of the Division on Substance Abuse at Columbia University in New York, New York. Kathleen T. Brady, M.D., Ph.D., is Distinguished University Professor, Associate Provost of Clinical and Translational Research, and Director of the South Carolina Clinical and Translational Research Institute in Charleston, South Carolina.

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