



Su Embarazo Semana a Semana: Tercera Edicion

By Glade B. Curtis, Judith Schuler

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La guia medica del embarazo mas completa, actualizada y confiable, completamente revisada y puesta al dia!

Su embarazo semana a semana es la guia sobre el embarazo mas completa a su disposicion. Los medicos la recomiendan, las parejas que esperan un bebe confian en ella, y usted y su pareja la encontraran indispensable.

Con este formato de semana a semana, usted podra seguir los cambios de su bebe y comparar los detalles de su embarazo segun el mismo calendario semanal que emplea su medico. Autorizada y facil de usar a la vez, esa edicion recientemente corregida--la primera en ocho años--cubre la informacion mas reciente, desde las tendencias y recomendaciones de seguridad hasta las inquietudes medicas, asi como tambien:

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La mas reciente informacion sobre examenes y procedimientos medicos

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Ejercicios semanales seguros para ayudarla a mantenerse en forma

En esta version actualizada se incluyen muchos temas nuevos, tales como el tratamiento sin medicamentos para diversos malestares del embarazo, las vacaciones antes del nacimiento del bebe, la preparacion del cuarto del bebe, consideraciones ecologicas durante el embarazo, las pautas mas recientes sobre el aumento de peso, datos sobre los bancos de sangre de cordón umbilical y mucho mas....

Since its publication nearly twenty-five years ago, *Your Pregnancy Week by Week* has sold millions of copies and become the go-to guide for expectant

parents. Now, the fully revised and expanded seventh edition is available in Spanish. In *Su Embarazo Semana a Semana* parents-to-be will find the latest information to prepare for their baby's birth—including more than fifty new or updated topics—addressing today's most pressing questions and concerns. Compassionate, reassuring, and medically grounded, this guide provides everything expectant parents need to ensure a healthy, happy pregnancy, including descriptions of the fetus's development each week, up-to-date information about medical tests and procedures, healthy weight guidelines, safe weekly exercises for expectant moms, and helpful hints for the father-to-be.

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Editorial Review

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