



How to Talk So Kids Will Listen & Listen So Kids Will Talk

By Adele Faber, Elaine Mazlish

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The ultimate “parenting bible” (*The Boston Globe*) with a new foreword—and available as an ebook for the first time—a timeless, beloved book on how to effectively communicate with your child from the #1 *New York Times* bestselling authors.

Internationally acclaimed experts on communication between parents and children, Adele Faber and Elaine Mazlish “are doing for parenting today what Dr. Spock did for our generation” (*Parent Magazine*). Now, this bestselling classic includes fresh insights and suggestions as well as the author’s time-tested methods to solve common problems and build foundations for lasting relationships, including innovative ways to:

- Cope with your child's negative feelings, such as frustration, anger, and disappointment
- Express your strong feelings without being hurtful
- Engage your child's willing cooperation
- Set firm limits and maintain goodwill
- Use alternatives to punishment that promote self-discipline
- Understand the difference between helpful and unhelpful praise
- Resolve family conflicts peacefully

Enthusiastically praised by parents and professionals around the world, the down-to-earth, respectful approach of Faber and Mazlish makes relationships with children of all ages less stressful and more rewarding.

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Editorial Review

Amazon.com Review

How to Talk So Kids Will Listen and Listen So Kids Will Talk is an excellent communication tool kit based on a series of workshops developed by Adele Faber and Elaine Mazlish. Faber and Mazlish (coauthors of *Siblings Without Rivalry*) provide a step-by-step approach to improving relationships in *your* house. The "Reminder" pages, helpful cartoon illustrations, and excellent exercises will improve your ability as a parent to talk and problem-solve with your children. The book can be used alone or in parenting groups, and the solid tools provided are appropriate for kids of all ages.

Review

"Will bring about more cooperation from children than all the yelling and pleading in the world." –*Christian Science Monitor*

"An excellent book that's applicable to any relationship." –*Washington Post*

"Practical, sensible, lucid...the approaches Faber and Mazlish lay out are so logical you wonder why you read them with such a burst of discovery." –*Family Journal*

"An exceptional work, not simply just another 'how to' book...All parents can use these methods to improve the everyday quality of their relationships with their children." –*Fort Worth Star Telegram*

From the Publisher

Get your kids' cooperation...without arguing. Morning hassles and bedtime battles disappear when you apply the communication techniques these experts have been teaching parents nationwide. Even if you've felt you had no other alternative than to lecture or criticize, you'll be able to reduce the wear and tear on yourself and your family with this practical program. Adele Faber and Elaine Mazlish -- once frustrated mothers themselves -- use real-life situations to show how you can respect and respond to your child's feelings and satisfy your own needs.

You'll learn to: Avoid turning simple conversations into arguments
Instruct rather than criticize when correcting your child
Choose effective alternatives to punishment
Show your child how to make amends
Allow him to experience the direct consequences of his actions

See immediate changes in your relationship with your children -- changes that will mean the difference between bad feelings and good ones; between fighting and loving.

Users Review

From reader reviews:

Jeanne Gonzales:

Do you have favorite book? If you have, what is your favorite's book? E-book is very important thing for us

to learn everything in the world. Each reserve has different aim or maybe goal; it means that e-book has different type. Some people experience enjoy to spend their time to read a book. They are reading whatever they take because their hobby is reading a book. How about the person who don't like studying a book? Sometime, individual feel need book whenever they found difficult problem or even exercise. Well, probably you will require this How to Talk So Kids Will Listen & Listen So Kids Will Talk.

Cicely Silber:

Book is to be different for each grade. Book for children right up until adult are different content. To be sure that book is very important normally. The book How to Talk So Kids Will Listen & Listen So Kids Will Talk ended up being making you to know about other expertise and of course you can take more information. It is very advantages for you. The guide How to Talk So Kids Will Listen & Listen So Kids Will Talk is not only giving you considerably more new information but also to become your friend when you sense bored. You can spend your own personal spend time to read your guide. Try to make relationship with all the book How to Talk So Kids Will Listen & Listen So Kids Will Talk. You never really feel lose out for everything when you read some books.

Melanie Moore:

Spent a free time and energy to be fun activity to accomplish! A lot of people spent their free time with their family, or their friends. Usually they carrying out activity like watching television, about to beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Do you want to something different to fill your own personal free time/ holiday? Might be reading a book might be option to fill your cost-free time/ holiday. The first thing you ask may be what kinds of e-book that you should read. If you want to consider look for book, may be the publication untitled How to Talk So Kids Will Listen & Listen So Kids Will Talk can be very good book to read. May be it may be best activity to you.

Gretchen Meehan:

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