



Girls Only! All About Periods and Growing-Up Stuff

By Victoria Parker

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The essential girl guide to growing up!

Girls Only! focuses on the practicalities, social and personal implications of starting your period, and the physical and emotional developments in puberty. It tells you what happens and when, what you need to know and how to prepare. It answers all the questions girls are dying to ask, but daren't, in a clear, friendly way, using real-life examples.

It's the perfect first book about periods for girls from primary school age and upwards, with a reassuring tone and fun, quirky illustrations.

The perfect first book about periods for girls of primary school age, information at the right level. Family Interest Parenting

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Editorial Review

Review

It's the perfect first book about periods for girls of primary school age as it provides information at the right level. **Family Interest Parenting, March-April 2004**

About the Author

Victoria Parker grew up in Sutton Coldfield and went on to read English at Oxford. After having spent 10 years living in London and working for 6 of those in children's publishing, Vic decided to go freelance. She still teaches dance and fitness, a passion since she was young. She has had her work published by a number of other publishers including Belitha Press, Watts as well as of course Hodder.

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