



Social and Cultural Foundations of Counseling and Human Services: Multiple Influences on Self-Concept Development

By John J. Schmidt

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Social and Cultural Foundations of Counseling addresses the fundamental social and cultural foundations upon which counselors and other helpers develop the knowledge and skill to work effectively with diverse populations. The premise of this text is that such foundational knowledge includes learning about self-concept development within a cultural and sociological context and about the impact that both individual differences and collectivistic philosophies have on cultural and personal identity. It distinctively features a social psychology perspective of diversity, complemented by an understanding of self-concept theory and its interaction with other models of identity development.

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Editorial Review

From the Back Cover

Social and Cultural Foundations of Counseling and Human Services addresses the fundamental social and cultural foundations upon which counselors and other helpers develop the knowledge and skill to work effectively with diverse populations.

A basic premise of this new text is that such foundational knowledge includes learning about self-concept development within a cultural and sociological context and about the impact that both individual differences and collectivistic philosophies have on cultural and personal identity. It distinctively features a social psychology perspective of diversity, complemented by an understanding of self-concept theory and its interaction with other models of identity development.

Highlights of the First Edition:

- Maintains a **balanced perspective on the impact of individualistic and collectivistic philosophies** on a person's development.
- Utilizes a **thorough treatment of social status variables** that influence self-concept development, including race, ethnicity, sex, gender, sexual orientation identity, family, aging, spirituality, physical ability and disability, and social class.
- Provides **concrete examples through exercises and narratives** to help students understand the impact of specific social and cultural influences on personal development (Chapters 5-9).
- Contains **“Counseling Inferences” sections** at the end of every chapter to help summarize chapter content in the context of what it means for practicing counselors and human service providers.
- Provides **information on and access to numerous Web sites** that contain social and cultural topics (Appendix A).

Users Review

From reader reviews:

Eleanor Landa:

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Mary Grubb:

Social and Cultural Foundations of Counseling and Human Services: Multiple Influences on Self-Concept Development can be one of your beginner books that are good idea. Most of us recommend that straight away because this guide has good vocabulary that can increase your knowledge in terminology, easy to understand, bit entertaining but nonetheless delivering the information. The author giving his/her effort that will put every word into satisfaction arrangement in writing Social and Cultural Foundations of Counseling and Human Services: Multiple Influences on Self-Concept Development yet doesn't forget the main point, giving the reader the hottest in addition to based confirm resource information that maybe you can be one among it. This great information could drawn you into completely new stage of crucial imagining.

Harriette Corwin:

What is your hobby? Have you heard that question when you got college students? We believe that that concern was given by teacher on their students. Many kinds of hobby, Everyone has different hobby. And also you know that little person similar to reading or as reading become their hobby. You need to know that reading is very important as well as book as to be the point. Book is important thing to include you knowledge, except your current teacher or lecturer. You discover good news or update about something by book. A substantial number of sorts of books that can you decide to try be your object. One of them is actually Social and Cultural Foundations of Counseling and Human Services: Multiple Influences on Self-Concept Development.

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