



Buddhism: Introducing the Buddhist Experience

By Donald W. Mitchell, Sarah H. Jacoby

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Buddhism: Introducing the Buddhist Experience, Third Edition, focuses on the depth of Buddhist experiences as expressed in the teachings and practices of its religious and philosophical traditions. Taking a more global and inclusive approach than any other introductory text, the book spans more than 2,500 years, offering chapters on Buddhism's origins in India; Theravada and Mahayana Buddhism; Buddhism in Southeast Asia, Tibet, China, Korea, and Japan; and the globalization of Buddhism with a focus on the United States. The volume is enhanced by substantial selections of primary text material, numerous boxed personal narratives by respected Buddhists and scholars, maps and photos, and six essays on cultural experiences of Buddhism around the world today.

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Review

"*Buddhism* is a ten! It covers the entire Buddhist tradition with accuracy and from a sympathetic point of view."--Christopher Key Chapple, *Loyola Marymount University*

"The best single-volume introduction to Buddhism. It is clear, expansive, and accessible."--Daniel S. Breyer, *Illinois State University*

"I especially like the boxes with notes from practitioners, which make clear that Buddhism is very much a living religion."--Laurie Hovell McMillin, *Oberlin College*

About the Author

Donald W. Mitchell is Professor of Philosophy at Purdue University. He is the author of *The Gethsemani Encounter: A Dialogue on the Spiritual Life by Buddhist and Christian Monastics* (1997).

Sarah H. Jacoby is Assistant Professor of Religion at Northwestern University. She is the coeditor of *Buddhism Beyond the Monastery: Tantric Practices and their Performers in Tibet and the Himalayas* (2009).

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