



Basics of Acupuncture

By Gabriel Stux, Brian Berman, Bruce Pomeranz

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Basics of Acupuncture shows that it is possible to combine Western medicine with traditional Chinese concepts. A short introduction on the theory of traditional Chinese medicine is followed by a detailed account of diagnosis. The main part focuses on the description of the Chinese systems of channels, functional organs and the most important acupuncture points. The remainder of the book is devoted to treatment, based on western modes of diagnosis. The methods and applications of needling and moxibustion are described, and the most important points are given for frequently encountered diseases.

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Editorial Review

Review

from a review of previous editions:

"... this book is characterized by a high degree of practical relevance... In addition to describing the 120 most important acupuncture points and depicting them in clear illustrations, this volume also provides a survey of the therapeutic principles and the selection of acupuncture points for the most important diseases..."

From the Back Cover

A book for Practitioners!

- A synthesis of Western science and medicine with traditional Chinese Concepts
- Easy-to-read introduction to the philosophy and theory of traditional Chinese medicine
- The most important acupuncture points, systems of channels and functional organs
- Technique of Acupuncture, Moxibustion, Acupressure, Laser Acupuncture...
- How to treat diseases, based on Western modes of diagnosis

About the Author

Dr. Gabriel Stux, MD

Acupuncture since 1977 in China, Sri Lanka, India
Founder and Chairman of the German Acupuncture Society, Düsseldorf, 1978,
Lectures on Acupuncture all over the world for more than 20 years
Introduction of a new energy medicine, called Chakren Acupuncture in 1988

Dr. Brian Berman, MD, Professor

Founder and Director of the University of Maryland Complementary Medicine Program (CMP), 1991
Professor of Family Medicine, trained in acupuncture, homeopathy and other CAM-approaches
Principal Investigator of a NIH center grant for complementary medicine research
International Seirin award for his contributions to the scientific understanding of acupuncture
Chair of the steering committee of the Consortium of Academic Medical Centers whose mission is to promote integrative medicine
Co-Chair of the editorial board of the report to the NIH: Alternative Medicine: Expanding Medical Horizons
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MD and CM at McGill University 1961, PhD at Harvard 1967

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Betty Ahlstrom:

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