



Advanced Energy Anatomy: The Science of Co-Creation and Your Power of Choice

By Caroline Myss

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In her previous work, Dr. Myss lifted the curtain on the human energy system and the connections between past events and your present health. But about your future? On Advanced Energy Anatomy, Dr. Myss reviews her results with thousands of people in search of healing, and identifies the one power that can literally change the future: your power of choice. Each choice you make can bring you into partnership with the divine, Dr. Myss teaches, in a sacred process of co-creation. To open to the divine mystery, and work with it as your partner in creation, Dr. Myss identifies four central archetypes and seven principles of co-creation. In this complete six-tape curriculum, you explore how to work with these principles, and apply them to the most important areas of your life: money, relationships, career, creativity, and spirituality. Dr. Myss guides you to a new understanding of how archetypes and other unconscious forces relate to problems of health, addiction, self-esteem, and ! victimhood, while opening you to partnership with the divine power that makes everything in life possible.

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Editorial Review

About the Author

Caroline Myss was born on December 2, 1952 in Chicago, Illinois. She received a bachelor of arts degree in journalism from the Saint Mary-of-the-Woods College in Indiana in 1974. During her career as a journalist, she interviewed Elisabeth Kübler-Ross, the author of the book, *On Death and Dying*, which inspired her to pursue a master's degree in theology from Mundelein College, which she completed in 1979. She also studied intuition and energy medicine at Greenwich University. In 1982, she started giving medical intuitive readings and has been in the field of energy medicine and human consciousness for 20 years. She specializes in assisting people in understanding the emotional, psychological, and physical reasons why their bodies have developed an illness. She has written numerous books including *Anatomy of the Spirit*; *Why People Don't Heal and How They Can*; *Sacred Contracts*; *Entering the Castle*; and *Defy Gravity: Healing Beyond the Bounds of Reason*.

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Myss's program consists of a group of spirited talks on how to reconcile personal will with the idea of an almighty power who directs what happens in the universe. Myss provides an empathic panorama of human frailties and tragedies, and a clear summary of how we use psychological defenses to avoid the risk of manifesting our creativity. As an integration of Eastern and Western approaches to living, the program will grab your attention with its clarity and crafty blending of concepts from both philosophical traditions. It's also a compassionate lesson on personal responsibility for one's creative gifts--so well organized and intimately expressed that repeated listening and sharing with friends will be hard to resist. T.W. © AudioFile 2002, Portland, Maine-- *Copyright © AudioFile, Portland, Maine*

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