



The Stages of Our Spiritual Journey (The Practice of A Course in Miracles)

By Kenneth Wapnick Ph.D.

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At the same time that "A Course in Miracles" emphasizes the non-dualistic nature of reality, which is infinite and eternal, beyond our experiential categories of space and time, we are also told that our journey is a process occurring over time. Thus we do not go directly from illusion to truth, but need to take the "little steps" (W-pI.193.13:7) that will lead us to our goal. These steps constitute the stages on our spiritual path. Friedrich Nietzsche's "On the Three Metamorphoses," from his masterpiece "Thus Spoke Zarathustra," offers a most helpful way of conceptualizing the journey. Using Nietzsche's parable of the camel, the lion, and the child, this book unfolds the process of spiritual development woven into the teachings of the Course. As these teachings demonstrate, the process is essentially a journey that proceeds in and through the world and on to spiritual maturity, this final stage marked by the ease of being in the world but not of it, seeing everything now through the eyes of forgiveness.

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Editorial Review

About the Author

Kenneth Wapnick, Ph.D. is a clinical psychologist and one of the foremost teachers of A Course in Miracles, which he has been working with since 1973, when he joined Dr. Helen Schucman, scribe of the Course, and Dr. William Thetford at the Columbia-Presbyterian Medical Center in New York. He has written more than 25 books on the Course, including *Love Does Not Condemn*, *Absence from Felicity: The Story of Helen Schucman and Her Scribing of 'A Course in Miracles,'* *The Message of 'A Course in Miracles,'* and many others. He has also produced over 150 audio and video titles discussing the principles of the Course. He is President and co-founder, with his wife Gloria, of the Foundation for A Course in Miracles in Temecula, California.

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