



# Persuade Anyone with NLP: A Teach Yourself Guide

By Alice Muir



**Persuade Anyone with NLP: A Teach Yourself Guide** By Alice Muir

**More than 60 million books sold in the Teach Yourself series!**  
**Discover the key to great body language, how to build a rapport, handle conflict and negotiate**

*Persuade Anyone with NLP* gives you the secret behind increased power, personal effectiveness and charisma, improving the quality of your life and enabling you to get what you want, whether in the workplace, the shopping mall, or at home with the family. Using the NLP toolkit, you will unlock the secret of effective communication in all its forms, making you irresistible in any sphere of influence.

Includes:

- Plenty of practical exercises and insights
- One, five and ten-minute introductions to key principles to get you started
- Lots of instant help with common problems and quick tips for success, based on the authors' many years of experience
- Tests in the book and online to keep track of your progress
- Quick refreshers to help you remember the key facts

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## **Persuade Anyone with NLP: A Teach Yourself Guide By Alice Muir Bibliography**

- Sales Rank: #3161896 in Books
- Published on: 2011-08-02
- Original language: English
- Number of items: 1
- Dimensions: 7.90" h x .38" w x 5.10" l, .35 pounds
- Binding: Paperback
- 192 pages

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## **Editorial Review**

### **About the Author**

**Alice Muir** is a chartered psychologist, author and life coach. She is an expert on every aspect of coaching and psychology, providing counseling and life-coaching to both private clients and institutions/organizations, in addition to tutoring and consulting.

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