



# Persuade Anyone with NLP: A Teach Yourself Guide

By Alice Muir

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- Plenty of practical exercises and insights
- One, five and ten-minute introductions to key principles to get you started
- Lots of instant help with common problems and quick tips for success, based on the authors' many years of experience
- Tests in the book and online to keep track of your progress
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## **Editorial Review**

### About the Author

**Alice Muir** is a chartered psychologist, author and life coach. She is an expert on every aspect of coaching and psychology, providing counseling and life-coaching to both private clients and institutions/organizations, in addition to tutoring and consulting.

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