



One More Step: Finding Strength When You Feel Like Giving Up

By Rachel Wojo

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One More Step: Finding Strength When You Feel Like Giving Up By Rachel Wojo

Overcoming obstacles—one step at a time.

Life often sends hard things our way: illness, financial struggles, broken relationships, and so many kinds of loss. Sometimes we can't imagine a way forward.

How do we keep going when everything is going wrong?

Rachel Wojo has learned that hope rises to greet us when we find the strength to take One. More. Step.

Like you, Rachel has faced experiences that crushed her dreams of the perfect life: a failing marriage, a daughter's heartbreak diagnosis, and more. In this book she transparently shares her pain and empathizes with yours, then points you to the path of God's Word, where you'll find hope to carry you forward. *One More Step* gives you permission to ache freely—and helps you believe that life won't always be this hard. No matter the circumstances you face, through these pages you'll learn to...

- run to God's Word when discouragement strikes
- replace feelings of despair with the truth of Scripture
- persevere through out-of-control circumstances and gain a more intimate relationship with Jesus

Rachel identifies the reasons you may tempted to quit and shows you where to find the courage to keep going, one step at a time.

You're not alone. So don't give up. God won't let you down. That's a promise.



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Editorial Review

Review

“In *One More Step*, Rachel Wojo gives permission to women all over the world to grieve, ache, and experience sadness while holding tight to their faith. It’s refreshing to find a sister of the soul who doesn’t offer platitudes but instead offers real life experience tangled in hope.”

—Suzanne Eller, international speaker, blogger, and author of numerous books including *The Mended Heart*

“We’ve all had situations in our lives where we just couldn’t see how we’d make it through another day. With this book, you’ll be encouraged and lifted up by Rachel, a friend who understands how to seek God’s strength and healing in the midst of the pain!”

—Lysa TerKeurst, *New York Times* best-selling author and president of Proverbs 31 Ministries

“This book is both personal and practical. Like our heavenly Father, Rachel is fluent in the language of pain. Anyone who has struggled or is struggling will find healing and hope on each page.”

—Jon Weece, senior pastor and lead follower at Southland Christian Church in Lexington, Kentucky, and author of *Jesus Prom*

“When you sit across from Rachel in real life and look in her eyes, you see a woman who wants nothing more than to please and know Jesus and give him away. Her passion for God is as contagious as it is sincere and no doubt built from much time in the trenches of suffering with him.”

—Jennie Allen, founder and CEO of IF:Gathering, author of *Restless* and *Anything*

“If your life circumstances have ever left you full of fear, dread, or worry, then this book is for you. Rachel is the friend who has been through life’s cruel wringer and knows exactly how you feel. She gently shows you how to let God pull you out of the muck of life and point you back in the right—and righteous—direction. Encouraging and practical. This will be my new go-to book for hurting friends.”

—Karen Ehman, *New York Times* best-selling author and Proverbs 31 Ministries speaker

“Just when you think you can’t go on, a friend who’s been there offers you her hand. Rachel Wojo is a rare, beautiful writer who gets to the heart of the matter. In *One More Step*, Rachel writes honestly about pain but points to the beauty God wants to bring out of the broken places in our lives.”

—Joanna Weaver, author of *Having a Mary Heart in a Martha World*

“Rachel Wojo’s personal journey, insights from her walk with Jesus, and hope-filled words make *One More Step* an encouraging guide for every heart when life’s path gets rough.”

—Holley Gerth, best-selling author of *You’re Going to Be Okay* and *What Your Heart Needs for the Hard Days*

“Where do you turn when life simply feels too difficult to even keep going? Told with both wisdom and honesty, Rachel’s story is equal parts heart-wrenching and encouraging. In the end, she offers a strong dose of hope for the hopeless and the strength to take just one more step.”

—Ruth Soukup, *New York Times* best-selling author of *Living Well, Spending Less*

“Rachel combines powerful biblical truth with very real everyday life. If you’re looking for help to simply take the next step, you will find it here.”

—Sheila Walsh, author of *Five Minutes with Jesus*

About the Author

RACHEL “WOJO” WOJNAROWSKI is a speaker, blogger, wife, and busy mother. In addition to two previous books, she has also written a popular six-week daily Bible reading plan for children, now used by more than 4 million people worldwide. Rachel loves reading, running, and teaching God’s Word. She and her family live in Ohio.

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