



# Losing A Parent: Practical Help For You And Other Family Members

By Fiona Marshall

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Whether from a sudden accident or a slow, terminal illness, the death of a parent is devastating to adults and children alike. In *Losing a Parent*, Fiona Marshall helps readers understand the process of coping with a parent's death, from preparing for death to recognizing the different stages of grief, from nurturing the relationship with the surviving parent to harnessing new strength to carry on with life. Wise, compassionate, and practical, *Losing a Parent* is an invaluable source of support for a time of overwhelming loss.

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## **Losing A Parent: Practical Help For You And Other Family Members** By Fiona Marshall **Bibliography**

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About the Author

**Fiona Marshall** has written several books on topics concerning health, psychology, and parenting. She lives in England.

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