



A Very Short, Fairly Interesting and Reasonably Cheap Book About Coaching and Mentoring (Very Short, Fairly Interesting & Cheap Books)

By Robert Garvey

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Written to challenge, stimulate, and inform, this book takes a critical look at the rapidly-growing field of coaching and mentoring. Focusing on all types of organization – public, private, large, small, and not-for-profit – Robert Garvey inspires and provokes readers by asking questions such as 'Are coaching and mentoring the same?' 'Are we obsessed with skills?' and 'What is performance?' He also delves into contemporary debates such as concerns about standards, competencies, and codes of ethics, interspersed with views on power, control, and politics.

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Editorial Review

Review

'A Very Short, Fairly Interesting and Reasonably Cheap Book about Coaching and Mentoring takes us on a journey of critically reflecting on and questioning coaching and mentoring matters....It is perfect for anyone engaging in a postgraduate qualification or practitioners who want to deepen and question the quality of their work' -

Jenny Garrett

Action Learning: Research & Practice

'If you are willing to question how you view your own practice as a coach or mentor then you'll find much to reflect upon in this excellent book' -

Bob Thomson, University of Warwick

This short very interesting book challenges coaches and mentors to think seriously about what they do and what they claim for what they do. Robert Garvey has performed a considerable service in offering this timely critique of our field. We would all benefit from reading it

Professor David A. Lane

Professional Development Foundation and Middlesex University, UK

Garvey is a curious and impassioned thinker, committed to coaching and mentoring as emancipatory endeavors. Not afraid to be controversial in the cause of challenging accepted practices and beliefs, he raises timely questions in a feisty and informed way. In a field too often dominated by the search for competitive advantage, Garvey champions holistic qualitative research and the building of trust through openness

Leni Wildflower

Director, Coaching Innovations, Fielding Graduate University, USA

Coaching and mentoring challenging assumptions and question patterns of thinking. In this book, Bob Garvey questions some of our basic assumptions about the nature and practice of coaching and mentoring. If pat definitions and certainty are what you need, this book will give you nightmares. But if you aspire to be a truly great coach/ mentor, it will raise valuable questions about how you define your practice

David Clutterbuck

Visiting Professor, Sheffield Hallam University and Oxford Brookes University, UK, Ambassador for the European Mentoring and Coaching Council

In a world where coaching and mentoring are becoming increasingly popular, Robert Garvey provides a concise yet comprehensive critique of coaching and mentoring. He is bold in his challenges and constructive in his arguments and reading this book will leave those passionate about coaching and mentoring with new ideas, frameworks and arguments to move forward. He creates a discourse of coaching and mentoring for all to consider and challenges us to rethink our focus on learning, competitiveness, psychology, and competency. It is a great resource and an exceptional contribution to the field. Well done

Professor Richard K. Ladyshevsky

Curtin Graduate School of Business, Curtin University, Perth, Western Australia

This book is an engaging and critical review, packed with thought-provoking analysis based on the author's wide-ranging experience. An excellent contribution to the debate on the state of coaching and mentoring today

Ian Wycherley

Programme Director: MA Coaching and Mentoring Practice, Business School, Oxford Brookes University, Wheatley, UK

'My own conclusion is that this book provides useful information and highlights significant aspects for consideration. I had anticipated, from the title and the cover, which looks rather like an old-fashioned, home-made book of recipes (fake handwriting font and fake coffee cup stains on it) more of a practical, how-to-do-it book. It is certainly not that. It will, however, appeal to those with an academic interest in coaching or mentoring and to anyone considering a research study (about anything, as the ideas can be applied to much more than coaching and mentoring)' (Julie Hay)

About the Author

Bob Garvey is Professor of Business Education at York St John Business School. He works with a range of people, either one-to-one or in groups. He is an EMCC (European Mentoring and Coaching Council) member and formerly the editor of the *International Journal of Mentoring and Coaching*. Bob is obsessed with coaching and mentoring!

Users Review

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Albert Shepherd:

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