



# A Very Short, Fairly Interesting and Reasonably Cheap Book About Coaching and Mentoring (Very Short, Fairly Interesting & Cheap Books)

*By Robert Garvey*

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Written to challenge, stimulate, and inform, this book takes a critical look at the rapidly-growing field of coaching and mentoring. Focusing on all types of organization – public, private, large, small, and not-for-profit – Robert Garvey inspires and provokes readers by asking questions such as 'Are coaching and mentoring the same?' 'Are we obsessed with skills?' and 'What is performance?' He also delves into contemporary debates such as concerns about standards, competencies, and codes of ethics, interspersed with views on power, control, and politics.

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### **Editorial Review**

#### **Review**

'A Very Short, Fairly Interesting and Reasonably Cheap Book about Coaching and Mentoring takes us on a journey of critically reflecting on and questioning coaching and mentoring matters....It is perfect for anyone engaging in a postgraduate qualification or practitioners who want to deepen and question the quality of their work' -

**Jenny Garrett**

**Action Learning: Research & Practice**

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'If you are willing to question how you view your own practice as a coach or mentor then you'll find much to reflect upon in this excellent book' -

**Bob Thomson, University of Warwick**

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This short very interesting book challenges coaches and mentors to think seriously about what they do and what they claim for what they do. Robert Garvey has performed a considerable service in offering this timely critique of our field. We would all benefit from reading it

**Professor David A. Lane**

**Professional Development Foundation and Middlesex University, UK**

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Garvey is a curious and impassioned thinker, committed to coaching and mentoring as emancipatory endeavors. Not afraid to be controversial in the cause of challenging accepted practices and beliefs, he raises timely questions in a feisty and informed way. In a field too often dominated by the search for competitive advantage, Garvey champions holistic qualitative research and the building of trust through openness

**Leni Wildflower**

**Director, Coaching Innovations, Fielding Graduate University, USA**

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Coaching and mentoring challenging assumptions and question patterns of thinking. In this book, Bob Garvey questions some of our basic assumptions about the nature and practice of coaching and mentoring. If pat definitions and certainty are what you need, this book will give you nightmares. But if you aspire to be a truly great coach/ mentor, it will raise valuable questions about how you define your practice

**David Clutterbuck**

**Visiting Professor, Sheffield Hallam University and Oxford Brookes University, UK, Ambassador for the European Mentoring and Coaching Council**

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In a world where coaching and mentoring are becoming increasingly popular, Robert Garvey provides a concise yet comprehensive critique of coaching and mentoring. He is bold in his challenges and constructive in his arguments and reading this book will leave those passionate about coaching and mentoring with new ideas, frameworks and arguments to move forward. He creates a discourse of coaching and mentoring for all to consider and challenges us to rethink our focus on learning, competitiveness, psychology, and competency. It is a great resource and an exceptional contribution to the field. Well done

**Professor Richard K. Ladyshevsky**

***Curtin Graduate School of Business, Curtin University, Perth, Western Australia***

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This book is an engaging and critical review, packed with thought-provoking analysis based on the author's wide-ranging experience. An excellent contribution to the debate on the state of coaching and mentoring today

**Ian Wycherley**

***Programme Director: MA Coaching and Mentoring Practice, Business School, Oxford Brookes University, Wheatley, UK***

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'My own conclusion is that this book provides useful information and highlights significant aspects for consideration. I had anticipated, from the title and the cover, which looks rather like an old-fashioned, home-made book of recipes (fake handwriting font and fake coffee cup stains on it) more of a practical, how-to-do-it book. It is certainly not that. It will, however, appeal to those with an academic interest in coaching or mentoring and to anyone considering a research study (about anything, as the ideas can be applied to much more than coaching and mentoring)' (Julie Hay)

About the Author

**Bob Garvey** is Professor of Business Education at York St John Business School. He works with a range of people, either one-to-one or in groups. He is an EMCC (European Mentoring and Coaching Council) member and formerly the editor of the *International Journal of Mentoring and Coaching*. Bob is obsessed with coaching and mentoring!

## **Users Review**

**From reader reviews:**

**Elsie Canada:**

What do you consider book? It is just for students since they're still students or this for all people in the world, exactly what the best subject for that? Merely you can be answered for that question above. Every person has distinct personality and hobby for every other. Don't to be compelled someone or something that they don't need do that. You must know how great along with important the book A Very Short, Fairly Interesting and Reasonably Cheap Book About Coaching and Mentoring (Very Short, Fairly Interesting & Cheap Books). All type of book would you see on many resources. You can look for the internet resources or

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**Roberta Bourland:**

Information is provisions for individuals to get better life, information nowadays can get by anyone on everywhere. The information can be a understanding or any news even restricted. What people must be consider any time those information which is from the former life are challenging to be find than now's taking seriously which one is acceptable to believe or which one often the resource are convinced. If you obtain the unstable resource then you have it as your main information it will have huge disadvantage for you. All of those possibilities will not happen throughout you if you take A Very Short, Fairly Interesting and Reasonably Cheap Book About Coaching and Mentoring (Very Short, Fairly Interesting & Cheap Books) as the daily resource information.

**Laura McLaughlin:**

People live in this new time of lifestyle always try to and must have the extra time or they will get wide range of stress from both everyday life and work. So , whenever we ask do people have extra time, we will say absolutely indeed. People is human not really a huge robot. Then we consult again, what kind of activity do you have when the spare time coming to anyone of course your answer will probably unlimited right. Then do you ever try this one, reading publications. It can be your alternative with spending your spare time, the actual book you have read is usually A Very Short, Fairly Interesting and Reasonably Cheap Book About Coaching and Mentoring (Very Short, Fairly Interesting & Cheap Books).

**Albert Shepherd:**

A Very Short, Fairly Interesting and Reasonably Cheap Book About Coaching and Mentoring (Very Short, Fairly Interesting & Cheap Books) can be one of your beginning books that are good idea. Most of us recommend that straight away because this reserve has good vocabulary which could increase your knowledge in words, easy to understand, bit entertaining but nonetheless delivering the information. The copy writer giving his/her effort to place every word into pleasure arrangement in writing A Very Short, Fairly Interesting and Reasonably Cheap Book About Coaching and Mentoring (Very Short, Fairly Interesting & Cheap Books) nevertheless doesn't forget the main stage, giving the reader the hottest along with based confirm resource information that maybe you can be one among it. This great information can certainly drawn you into fresh stage of crucial imagining.

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