



Learning to Walk in the Dark

By Barbara Brown Taylor

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Learning to Walk in the Dark By Barbara Brown Taylor

***New York Times* Bestseller**

From the *New York Times* bestselling author of *An Altar in the World*, Barbara Brown Taylor's *Learning to Walk in the Dark* provides a way to find spirituality in those times when we don't have all the answers.

Taylor has become increasingly uncomfortable with our tendency to associate all that is good with lightness and all that is evil and dangerous with darkness. Doesn't God work in the nighttime as well? In *Learning to Walk in the Dark*, Taylor asks us to put aside our fears and anxieties and to explore all that God has to teach us "in the dark." She argues that we need to move away from our "solar spirituality" and ease our way into appreciating "lunar spirituality" (since, like the moon, our experience of the light waxes and wanes). Through darkness we find courage, we understand the world in new ways, and we feel God's presence around us, guiding us through things seen and unseen. Often, it is while we are in the dark that we grow the most.

With her characteristic charm and literary wisdom, Taylor is our guide through a spirituality of the nighttime, teaching us how to find our footing in times of uncertainty and giving us strength and hope to face all of life's challenging moments.

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Learning to Walk in the Dark By Barbara Brown Taylor Bibliography

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Editorial Review

From [Booklist](#)

Best-selling author and former Episcopal priest Taylor returns with another thoughtful book. This time Taylor confronts head-on faith and, most significantly, the dark night of the soul. But really this is a meditation on darkness itself—more a journal, she emphasizes, than a manual. What does Taylor mean by darkness? Darkness, she writes, is “shorthand for anything that scares me.” That could include something as profound as the absence of God to the fear of dementia to the loss of family and friends, as well as that “nagging” question of “what it will feel like to die.” She recounts how she became impatient with church teachings that accentuated the light while denying the existence of darkness, and comments on the difference between faith and belief, certainty and trust. An elegant writer with the common touch, Taylor is always a wonderful guide to the spiritual world, and this book is no exception. Here she encourages us to turn out the lights and embrace the spiritual darkness, for it is in the dark, she maintains, that one can truly see. --June Sawyers

Review

“Few souls are as synched to the world’s mysteries as Barbara Brown Taylor’s.... Taylor writes spiritual nonfiction that rivals the poetic power of C.S. Lewis and Frederick Buechner.” (*TIME*)

“Taylor challenges our negative associations with darkness and our attraction to light in this thought-provoking new book. She draws on her own experiences—from exploring caves and experimenting with blindness, to her questioning of her own religious training and faith—to explore what might be gained by embracing darkness.” (*Spirituality & Health*)

“An elegant writer with the common touch, Taylor is always a wonderful guide to the spiritual world, and this book is no exception. Here she encourages us to turn out the lights and embrace the spiritual darkness, for it is in the dark, she maintains, that one can truly see.” (*Booklist*)

“Taylor writes with consistent charm and an unobtrusive faith in God; her work is certain to appeal to... fans of Annie Dillard and Anne Lamott.” (*Library Journal*)

“Compellingly makes the case for why darkness is as necessary to our well-being as light. . . . A charming, witty and wise guide into the heart of darkness. . . . There is plenty here to ponder.” (*Shelf Awareness*)

“Reading Barbara Brown Taylor’s writing stuns me, challenges me, and heals me, both with the beauty of her prose and the depth of her wisdom. A gift to every person who’s felt the darkness but not had the words to articulate it... A truly beautiful book.” (Shauna Niequist, author of *Bread & Wine*)

“Eyes wide open, Barbara Brown Taylor has written a precise and evocative field guide to the dark. Exploring the complex and generative terrain of twilight and absence on her own terms, she generously includes us on her journeys, and encourages us to make our own.” (Sharon Salzberg, author of *Real Happiness and Lovingkindness*)

“Beautiful. Profound. Nourishing. I have needed to read this book for a long time.” (Lauren Winner, author of *Still* and *Girl Meets God*)

“Offers a different way of looking at darkness, not as something to be feared, but as something to be

embraced.” (Interfaith Voices, NPR)

“Barbara Brown Taylor shows readers that dark times can be great times of learning. The former Episcopalian priest shares her experiences of walking through the dark in her own life. ... She takes the reader on a journey to explore and understand the ‘dark’ better.” (*CBA Retailers* magazine)

“Taylor is one of those rare people who truly can see the holy in everything.” (*Publishers Weekly* (starred review))

“Taylor offers no consolation for those who demand the banishment of darkness. But to those willing to enter the darkness and wait in silence, she gives hope.” (*The Covenant Companion*)

From the Back Cover

Follow Barbara Brown Taylor on her journey to understand darkness, which takes her spelunking in unlit caves, learning to eat and cross the street as a blind person, discover-ing how "dark emotions" are prevented from seeing light from a psychiatrist, and reread-ing scripture to see all the times God shows up at night. With her characteristic charm and wisdom, Taylor is our guide through a spirituality of the nighttime, teaching us how to find God even in darkness, and giving us a way to let darkness teach us what we need to know.

Users Review

From reader reviews:

Alicia Wescott:

This Learning to Walk in the Dark are usually reliable for you who want to become a successful person, why. The reason of this Learning to Walk in the Dark can be among the great books you must have is definitely giving you more than just simple looking at food but feed you with information that perhaps will shock your previous knowledge. This book is handy, you can bring it almost everywhere and whenever your conditions in the e-book and printed versions. Beside that this Learning to Walk in the Dark forcing you to have an enormous of experience like rich vocabulary, giving you test of critical thinking that could it useful in your day task. So , let's have it and enjoy reading.

Judith Cole:

Spent a free time and energy to be fun activity to perform! A lot of people spent their leisure time with their family, or all their friends. Usually they doing activity like watching television, about to beach, or picnic inside the park. They actually doing same task every week. Do you feel it? Do you want to something different to fill your own free time/ holiday? May be reading a book is usually option to fill your free of charge time/ holiday. The first thing that you'll ask may be what kinds of book that you should read. If you want to test look for book, may be the e-book untitled Learning to Walk in the Dark can be excellent book to read. May be it could be best activity to you.

Shawn McDonald:

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