



The Crystal Healer: A Guide to Understanding Crystals and their Healing Gifts

By Marianna Sheldrake

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At last - a book that explains the mysteries of Crystal Healing in a language that anyone can understand. Marianna Sheldrake has been healing with crystals for over twenty years. Now she shares her understanding and knowledge without the trappings of obscure terminology.

Her fresh approach to this subject offers advice and instruction to the novice and practitioner alike. She takes the reader on a journey of exploration, from choosing a crystal to understanding its relationship with the universal energies.

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Editorial Review

Amazon.com Review

Englishwoman Marianna Sheldrake introduces this guide to crystal healing with two pithy bits of wisdom. First, "A closed mind is like a closed parachute--absolutely useless and, at the wrong time, potentially fatal." And second, "Magic is only science yet to be explored." With noticeably down-to-earth concepts, she proceeds to instruct the neophyte and the experienced in the finer points of healing, not only with crystals but also energy healing in general. She acknowledges that the patient's emotional state and capacity for visualization, as well as the healer's intent--which smacks of faith healing--are necessary to effect a cure, but explains how the energies in minerals can restore balance to a diseased body. Chapter 5 is an exhaustive list of characteristics of individual crystals, chapter 6 a list of ailments and the crystals used to heal them. This book is a must-read for those fascinated by crystals; those interested in subtle energy fields and chakra therapy will also find themselves duly informed. --*P. Randall Cohan*

Users Review

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