



# Autism Spectrum Disorder and De-escalation Strategies: A practical guide to positive behavioural interventions for children and young people

*By Steve Brown*

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**Autism Spectrum Disorder and De-escalation Strategies: A practical guide to positive behavioural interventions for children and young people** By Steve Brown

This practical guide provides a complete picture of how non-physical and physical interventions can be used to manage behaviour and keep children with autism spectrum disorders or emotional, social and behavioural difficulties safe.

With clear advice and strategies that can be easily implemented in practice, Steve Brown explores various options and interventions, and explains how professionals can manage the behaviour of children (aged 3-18) in the safest possible way, promoting assertiveness and confidence. He includes a range of de-escalation and behaviour management strategies, information on risk assessments and legalities, advice on how to create safe spaces, insight into non-verbal communication and positive listening, and an honest and open discussion about the important role of physical interventions and positive handling techniques.

Providing clarity and insight into this complex subject, this book will allow professionals working with children and young people with ASD or ESBD to use non-physical interventions with confidence and understand the role of physical interventions as a last resort, within a legal framework.

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### **Editorial Review**

#### **Review**

This straight-talking and often humorous guide to managing the behaviour of children and young people with ASD bursts with practical strategies that are conveyed in a wholly accessible style and founded on the knowledge and skills of a highly experienced practitioner. Acknowledging the challenges of supporting young people with ASD, Brown also tackles the thorny issue of physical interventions, providing clear guidance within the legal framework. -- Chris Collett, Senior Lecturer in Early Childhood Education and Care, Newman University, Birmingham

Steve Brown has written an engaging and accessible book about techniques that staff (and parents) can use both to manage constructively and to prevent some of the more difficult situations that can arise when supporting children and young people on the autistic spectrum. Steve draws on his own extensive experience as an educator as well as on the research literature. The tactics are well described and relatively straightforward to apply in many situations. This is a very useful book to have around if you live or work day to day with youngsters on the autism spectrum whose behaviour involves a significant risk of harm. --John Clements, clinical psychologist and author of *Letters to the Home Front* and *People with Autism Behaving Badly*

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#### **About the Author**

Steve Brown is a senior Team Teach Tutor and has been the Care and Control Coordinator for Birmingham City Council, providing accredited training on de-escalation and physical interventions by delivering Team Teach courses. He previously worked in the Communication/Autism Team for nine years, an outreach team that supports the inclusion of children with ASD and related conditions who attend mainstream provisions. He also has experience working in special schools supporting children with severe learning difficulties with ASD. He is based in Birmingham, UK.

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